

LIFE CARE PLAN MEDICAL FOUNDATION

Life Care Plan Medical Foundation: Adams, Timothy

Right knee work injury · Case #IME-4812 · 342 pages, 2 packets

CLAIMANT	Adams, Timothy
CASE NO.	IME-4812
BODY PART	Right knee
FILE	342 pages in 2 packets. 11 duplicate pages removed before review. p. 140 is a wrong-patient page (different name and DOB), quarantined and excluded.
PREPARED FOR	R. Castellanos, CLCP (life care planner)
PREPARED BY	Medrecords AI draft, 10/08/2026, for planner review

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Medrecords AI demo case. Every name, provider, date and page in this document is fictional.

Overview

This document lists what the Adams file says about future care. It quotes each recommendation as written, names the provider who wrote it, and gives the page. It marks each item as necessary or conditional using the provider's own wording. It carries no costs, no frequencies the record does not state, and no opinion on which items belong in the plan. The planner decides that.

Future-care recommendations found in the record

DATE	PROVIDER	SPECIALTY	RECOMMENDATION (VERBATIM)	FREQUENCY	DURATION	TYPE	CITE
01/19/2026	Riverbend Emergency Dept., K. Doyle, PA-C	Emergency medicine	"Follow up with primary care in 1 week. Orthopedic referral if pain or locking persists."	Once	n/a	Conditional	p. 14
01/27/2026	A. Okonkwo, MD	Primary care	"Refer to orthopedics for evaluation of right knee; continue ice, elevation, hinged brace."	Once	n/a	Necessary	p. 33
02/18/2026	L. Marchetti, MD	Orthopedic surgery	"MRI right knee without contrast to evaluate for meniscal pathology."	Once	n/a	Necessary	p. 61
03/11/2026	L. Marchetti, MD	Orthopedic surgery	"Physical therapy 2 times per week for 6 weeks, then reassess."	2 per week	6 weeks	Necessary	p. 72
03/11/2026	L. Marchetti, MD	Orthopedic surgery	"Continue hinged knee brace with activity."	Daily with activity	Until reassessment	Necessary	p. 72

DATE	PROVIDER	SPECIALTY	RECOMMENDATION (VERBATIM)	FREQUENCY	DURATION	TYPE	CITE
04/02/2026	J. Pruitt, DPT, Northgate Physical Therapy	Physical therapy	"Plan of care: 12 visits over 6 weeks. Home exercise program issued and reviewed."	2 per week	6 weeks (12 visits)	Necessary	p. 190
05/27/2026	L. Marchetti, MD	Orthopedic surgery	"If mechanical symptoms persist after completion of therapy, recommend arthroscopic partial medial meniscectomy."	Once	n/a	Conditional	p. 85
07/15/2026	L. Marchetti, MD	Orthopedic surgery	"Proceed with right knee arthroscopy. Post-operative physical therapy anticipated."	Once; PT frequency not stated	Not stated	Necessary	p. 97
08/26/2026	L. Marchetti, MD	Orthopedic surgery	"Surgery pending authorization. Follow up 2 weeks after procedure, then at 6 weeks and 3 months."	3 visits	3 months post-op	Necessary	p. 105
08/26/2026	L. Marchetti, MD	Orthopedic surgery	"Long-term: activity modification; may require further intervention if degenerative change progresses."	Not stated	Not stated	Conditional	p. 105

Type follows the provider's wording: "recommend", "proceed with" and "continue" are listed as necessary; "if", "may require" and "consider" are listed as conditional. The planner may reclassify any line.

Equipment: recommended against provided

ITEM	RECOMMENDED BY, DATE	CITE	PROVIDED (EVIDENCE IN FILE)	CITE	STATUS
Hinged knee brace	A. Okonkwo, MD, 01/27/2026	p. 33	DME dispensing record, 01/27/2026	p. 36	PROVIDED
Crutches	Riverbend ED, 01/19/2026	p. 14	ED discharge supply list, 01/19/2026	p. 15	PROVIDED
Cold therapy unit	L. Marchetti, MD, 07/15/2026 (for post-op use)	p. 97	No dispensing record in file	none	NOT IN FILE
Home exercise equipment (resistance bands, step)	J. Pruitt, DPT, 04/02/2026	p. 191	Bands issued per PT note 04/02/2026; step not documented	p. 191	PARTIAL
Cane	Mentioned as "may need cane after surgery", L. Marchetti, MD, 08/26/2026	p. 105	No order or dispensing record	none	NOT IN FILE

Pending or recommended procedures

PROCEDURE	PROVIDER	DATE RECOMMENDED	STATUS IN FILE	CITE
Right knee arthroscopy, partial medial meniscectomy	L. Marchetti, MD	07/15/2026	Pre-authorization request dated 08/19/2026 in packet 2; no authorization response and no operative report in file	p. 97, p. 296
Post-operative physical therapy	L. Marchetti, MD	07/15/2026	Anticipated; no prescription, frequency or duration in file	p. 97

Permanency and MMI statements

DATE	PROVIDER	STATEMENT (VERBATIM)	CITE
05/27/2026	L. Marchetti, MD	"Not at maximum medical improvement. Permanency deferred pending response to therapy."	p. 85
07/15/2026	L. Marchetti, MD	"MMI not reached. Permanent impairment, if any, to be assessed after surgical recovery."	p. 97
08/05/2026	K. Lindqvist, OTR/L, Summit Work Capacity Services	"FCE performed pre-operatively; results reflect current, not final, capacity."	p. 303

Projection inputs the planner may need

INPUT	WHAT THE RECORD SHOWS	CITE
Date of birth, age	DOB 09/03/1981 on ED face sheet; age 44 at injury	p. 9
Date of injury, mechanism	01/19/2026; "twisted right knee stepping off loading dock at work" per ED triage note	p. 11
Dominant side	Right-handed; "right leg dominant" per PT evaluation	p. 189
Occupation and physical demand	Warehouse order selector; employer job description in packet 2 lists lifting to 50 lb and standing 8 hours	p. 281
Pre-injury function	"No prior right knee complaints" per orthopedic history; prior low back care in 2020 mentioned in intake history	p. 59, p. 32
Comorbidities on problem list	Hypertension; BMI recorded as 31.2 on 01/27/2026	p. 31
Imaging	MRI right knee 03/03/2026: radiology report documents a medial meniscus tear and small joint effusion	p. 131
Therapy course	PT evaluation 04/02/2026 and 7 treatment visits through 05/14/2026; each note records improving range of motion and pain scores	p. 188 to p. 240
Current medications	Meloxicam 15 mg daily (started 01/27/2026); lisinopril 20 mg daily	p. 33, p. 101
Weight-bearing status	Weight bearing as tolerated since 01/27/2026	p. 33

What the record does not establish

- No life expectancy statement or discussion by any provider.

- Physical therapy: the plan of care prescribed 12 visits; 7 visit notes are in the file (p. 193 to p. 240). No discharge summary and no note explaining the remaining 5.
- No operative report, no authorization response, no post-operative protocol. The surgery recommendation stops at the pre-authorization request (p. 296).
- No provider statement on future injections, viscosupplementation or joint replacement. "Further intervention" on p. 105 is not specified.
- No home or vehicle modification assessment, and no provider comment on stairs at home.
- No vocational or return-to-work opinion from the treating surgeon after 07/15/2026.
- The orthopedic referral on p. 33 is dated 01/27/2026; the first orthopedic note is 02/18/2026. Nothing in the file covers the 3 weeks between.

This foundation carries no costs, no vendor pricing and no life expectancy figure. Those are the planner's work. Medrecords AI organizes and cites what the uploaded file contains. You review, you revise, you sign.