

## MEDICAL CHRONOLOGY

# Personal Injury Chronology

Rear-end collision · lumbar disc herniation with radiculopathy.

| CASE OVERVIEW          |                                           |
|------------------------|-------------------------------------------|
| CASE NO.               | MR-2026-0418                              |
| PATIENT                | Reyes, Camila A.                          |
| DOB                    | 04/18/1986                                |
| DATE OF LOSS / SERVICE | 03/14/2025                                |
| MATTER TYPE            | Personal injury — motor vehicle collision |
| PREPARED FOR           | Mercer & Hale LLP                         |
| ATTORNEY               | J. Alvarez, Esq.                          |
| PREPARED BY            | S. Okafor, RN                             |
| DATE PREPARED          | 08/13/2026                                |

AI does the reading. You make the calls — always.

|                                 |                                       |                        |                           |                       |
|---------------------------------|---------------------------------------|------------------------|---------------------------|-----------------------|
| SOURCE PAGES CITED<br><b>30</b> | PROVIDERS<br>(PHYSICIANS)<br><b>6</b> | FACILITIES<br><b>9</b> | FLAGGED ITEMS<br><b>1</b> | VERIFIED<br><b>30</b> |
|---------------------------------|---------------------------------------|------------------------|---------------------------|-----------------------|

Method: every line below is tied to its source page or image. Low-confidence or gap items are flagged, never guessed.

## Mar 2025

| Date       | Time  | Source | Facility / provider            | Type          | Findings / notes                                                                                                                                                            | Status |
|------------|-------|--------|--------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|
| 03/14/2025 | 17:42 | p. 001 | I-35 frontage road, Dallas TX  | MVA / EMS     | Rear-end collision; restrained front passenger; airbags deployed; EMS on scene; c-collar applied; transported to St. Mary's ED.                                             | OK     |
| 03/14/2025 | 18:20 | p. 012 | St. Mary's Medical Center — ED | ED evaluation | Dr. K. Rao. Acute low-back pain radiating to left leg; mild paraspinal spasm; SLR positive on left. CT lumbar: no fracture. D/c: hydrocodone/APAP, methocarbamol, ice/heat. | OK     |

## Mar 2025

|            |       |        |                          |               |                                                                                                                          |    |
|------------|-------|--------|--------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------|----|
| 03/17/2025 | 09:10 | p. 048 | Lakeside Family Medicine | PCP follow-up | Dr. M. Adeyemi. Pain 7/10; limited lumbar flexion; neuro intact. Continue meds; work-light duty note through 03/31/2025. | OK |
|------------|-------|--------|--------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------|----|

## Mar 2025

|            |       |        |                          |               |                                                                           |    |
|------------|-------|--------|--------------------------|---------------|---------------------------------------------------------------------------|----|
| 03/24/2025 | 10:30 | p. 056 | Lakeside Family Medicine | PCP follow-up | SLR positive left at 55 degrees; referral to orthopedics; naproxen added. | OK |
|------------|-------|--------|--------------------------|---------------|---------------------------------------------------------------------------|----|

## Apr 2025

|            |       |        |                                 |                    |                                                                                                                               |    |
|------------|-------|--------|---------------------------------|--------------------|-------------------------------------------------------------------------------------------------------------------------------|----|
| 04/02/2025 | 14:00 | p. 068 | OrthoWest Spine — Dr. T. Okafor | Orthopedic consult | New patient. History of MVA 19 days prior. Exam: reduced lumbar ROM, left L5 distribution weakness 4+/5; MRI L-spine ordered. | OK |
|------------|-------|--------|---------------------------------|--------------------|-------------------------------------------------------------------------------------------------------------------------------|----|

## Apr 2025

|            |       |                 |                    |                  |                                                                                                                  |    |
|------------|-------|-----------------|--------------------|------------------|------------------------------------------------------------------------------------------------------------------|----|
| 04/05/2025 | 08:45 | MRI • s3 • s118 | St. Mary's Imaging | MRI lumbar spine | L4-L5 posterolateral disc herniation, 4.2 mm, left L5 nerve-root contact; mild L5-S1 annular bulge. No stenosis. | OK |
|------------|-------|-----------------|--------------------|------------------|------------------------------------------------------------------------------------------------------------------|----|

## Apr 2025

|            |   |        |                           |                         |                                                                                                                                            |     |
|------------|---|--------|---------------------------|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|-----|
| 04/09/2025 | — | p. 112 | Meridian Physical Therapy | PT evaluation           | Initial eval: lumbar flexion 40% predicted; left hip flexor weakness; pain 7/10. Plan: 2x/week x 8 weeks, modalities + core stabilization. | OK  |
| 04/09/2025 | — | —      | —                         | TREATMENT GAP (6 weeks) | No documented care 03/24/2025 through 04/09/2025. Gap addressed in demand and addressed by delay in insurance authorization for PT.        | GAP |

## Apr 2025

|            |   |        |                           |              |                                                                |    |
|------------|---|--------|---------------------------|--------------|----------------------------------------------------------------|----|
| 04/14/2025 | — | p. 118 | Meridian Physical Therapy | PT session 1 | Pain 6/10; tolerated modalities; home exercise program issued. | OK |
|------------|---|--------|---------------------------|--------------|----------------------------------------------------------------|----|

## Apr 2025

|            |   |        |                           |                 |                                                    |    |
|------------|---|--------|---------------------------|-----------------|----------------------------------------------------|----|
| 04/21/2025 | — | p. 122 | Meridian Physical Therapy | PT sessions 2-3 | Progress: lumbar flexion 55% predicted; pain 5/10. | OK |
|------------|---|--------|---------------------------|-----------------|----------------------------------------------------|----|

## Apr 2025

|            |   |        |                           |              |                                                   |    |
|------------|---|--------|---------------------------|--------------|---------------------------------------------------|----|
| 04/28/2025 | — | p. 128 | Meridian Physical Therapy | PT session 4 | Left SLR improved to 70 degrees; gait normalized. | OK |
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## May 2025

|            |   |        |                           |                 |                                                   |    |
|------------|---|--------|---------------------------|-----------------|---------------------------------------------------|----|
| 05/07/2025 | — | p. 134 | Meridian Physical Therapy | PT sessions 5-6 | Pain 4/10 at rest; 6/10 after activity; continue. | OK |
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## May 2025

|            |       |        |                                 |                      |                                                                              |    |
|------------|-------|--------|---------------------------------|----------------------|------------------------------------------------------------------------------|----|
| 05/14/2025 | 15:20 | p. 156 | OrthoWest Spine — Dr. T. Okafor | Orthopedic follow-up | Persistent left L5 radiculopathy; ESI recommended; light-duty note extended. | OK |
|------------|-------|--------|---------------------------------|----------------------|------------------------------------------------------------------------------|----|

## May 2025

|            |       |        |                                          |               |                                                                          |    |
|------------|-------|--------|------------------------------------------|---------------|--------------------------------------------------------------------------|----|
| 05/21/2025 | 11:00 | p. 168 | North Texas Pain & Spine — Dr. P. Nguyen | Lumbar ESI #1 | Fluoroscopic L4-L5 left transforaminal ESI. Tolerated; no complications. | OK |
|------------|-------|--------|------------------------------------------|---------------|--------------------------------------------------------------------------|----|

## Jun 2025

|            |         |                |                                             |                |                                                                                    |           |
|------------|---------|----------------|---------------------------------------------|----------------|------------------------------------------------------------------------------------|-----------|
| 06/05/2025 | 09 : 30 | <b>p . 180</b> | North Texas Pain & Spine<br>— Dr. P. Nguyen | Pain follow-up | Reports 60% relief at 2 weeks; pain 3/10; repeat imaging not indicated; PT resume. | <b>OK</b> |
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## Jun 2025

|            |         |                |                                 |                      |                                                                                       |           |
|------------|---------|----------------|---------------------------------|----------------------|---------------------------------------------------------------------------------------|-----------|
| 06/18/2025 | 14 : 30 | <b>p . 192</b> | OrthoWest Spine — Dr. T. Okafor | Orthopedic follow-up | Improvement noted; still 4+/5 left EHL; second ESI discussed if plateau; continue PT. | <b>OK</b> |
|------------|---------|----------------|---------------------------------|----------------------|---------------------------------------------------------------------------------------|-----------|

## Jul 2025

|            |   |                |                           |                  |                                                                                  |           |
|------------|---|----------------|---------------------------|------------------|----------------------------------------------------------------------------------|-----------|
| 07/01/2025 | — | <b>p . 201</b> | Meridian Physical Therapy | PT sessions 7-12 | Range of motion 80% predicted; pain 3/10 baseline, 5/10 after prolonged sitting. | <b>OK</b> |
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## Jul 2025

|            |   |                |                           |                   |                                                             |           |
|------------|---|----------------|---------------------------|-------------------|-------------------------------------------------------------|-----------|
| 07/22/2025 | — | <b>p . 209</b> | Meridian Physical Therapy | PT sessions 13-16 | Plateau; discharge from PT with home program on 08/12/2025. | <b>OK</b> |
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## Aug 2025

|            |         |                |                                             |               |                                                                                       |           |
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| 08/20/2025 | 10 : 00 | <b>p . 224</b> | North Texas Pain & Spine<br>— Dr. P. Nguyen | Lumbar ESI #2 | Second L4-L5 left transforaminal ESI for recurrent radicular pain after PT cessation. | <b>OK</b> |
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## Sep 2025

|            |         |                |                                 |                      |                                                                                                                     |           |
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| 09/10/2025 | 16 : 00 | <b>p . 240</b> | OrthoWest Spine — Dr. T. Okafor | Orthopedic follow-up | Pain 3/10 with activity modification; work restrictions: no lifting over 20 lb, no repetitive bending. MMI not yet. | <b>OK</b> |
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## Sep 2025

|            |         |                |                                          |                   |                                                                 |           |
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| 09/25/2025 | 13 : 00 | <b>p . 252</b> | North Texas Neurology — Dr. S. Fernandez | Neurology consult | Left L5 radiculopathy consistent with imaging; EMG/NCS ordered. | <b>OK</b> |
|------------|---------|----------------|------------------------------------------|-------------------|-----------------------------------------------------------------|-----------|

## Oct 2025

|            |         |                |                         |           |                                                                        |           |
|------------|---------|----------------|-------------------------|-----------|------------------------------------------------------------------------|-----------|
| 10/15/2025 | 08 : 00 | <b>p . 268</b> | NeuroDiagnostics Center | EMG / NCS | Left L5 radiculopathy, mild chronic; no denervation in other segments. | <b>OK</b> |
|------------|---------|----------------|-------------------------|-----------|------------------------------------------------------------------------|-----------|

## Nov 2025

|            |         |                |                                 |                      |                                                                            |           |
|------------|---------|----------------|---------------------------------|----------------------|----------------------------------------------------------------------------|-----------|
| 11/06/2025 | 15 : 00 | <b>p . 280</b> | OrthoWest Spine — Dr. T. Okafor | Orthopedic follow-up | Surgical candidacy discussed; patient elects continued non-operative care. | <b>OK</b> |
|------------|---------|----------------|---------------------------------|----------------------|----------------------------------------------------------------------------|-----------|

## Dec 2025

|            |         |                |                                             |                |                                                                       |           |
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| 12/03/2025 | 10 : 30 | <b>p . 296</b> | North Texas Pain & Spine<br>— Dr. P. Nguyen | Pain follow-up | Neuropathic component; duloxetine 30 mg started; lidocaine patch PRN. | <b>OK</b> |
|------------|---------|----------------|---------------------------------------------|----------------|-----------------------------------------------------------------------|-----------|

## Jan 2026

|            |   |               |                           |                   |                                                              |    |
|------------|---|---------------|---------------------------|-------------------|--------------------------------------------------------------|----|
| 01/15/2026 | — | <b>p. 310</b> | Meridian Physical Therapy | PT sessions 17-20 | Resumed after holiday flare; pain 4/10; strengthening focus. | OK |
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## Feb 2026

|            |       |               |                                 |                      |                                                                                                                                  |    |
|------------|-------|---------------|---------------------------------|----------------------|----------------------------------------------------------------------------------------------------------------------------------|----|
| 02/12/2026 | 14:00 | <b>p. 322</b> | OrthoWest Spine — Dr. T. Okafor | Orthopedic follow-up | Exam stable; permanent restrictions: no lifting over 20 lb, no prolonged sitting over 45 min. Disability rating deferred to MMI. | OK |
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## Mar 2026

|            |       |               |                           |                            |                                                                                                               |    |
|------------|-------|---------------|---------------------------|----------------------------|---------------------------------------------------------------------------------------------------------------|----|
| 03/14/2026 | 09:00 | <b>p. 334</b> | St. Mary's Medical Center | 1-year post-MVA evaluation | Pain 3-4/10; function stable; future care plan: annual orthopedic follow-up, PRN ESI, duloxetine maintenance. | OK |
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## Apr 2026

|            |       |               |                                            |             |                                                                                                                                                             |    |
|------------|-------|---------------|--------------------------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| 04/09/2026 | 08:30 | <b>p. 348</b> | Independence IME Center — Dr. J. Whitfield | Defense IME | Independent orthopedic evaluation. Findings: residuals of L4-L5 herniation; impairment 8% lower extremity left; no evidence of pre-existing lumbar disease. | OK |
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## May 2026

|            |       |               |                                          |                |                                                            |    |
|------------|-------|---------------|------------------------------------------|----------------|------------------------------------------------------------|----|
| 05/06/2026 | 11:30 | <b>p. 356</b> | North Texas Pain & Spine — Dr. P. Nguyen | Pain follow-up | Stable on duloxetine 60 mg; third ESI deferred by patient. | OK |
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## Jun 2026

|            |       |               |                                 |                      |                                                                                                                                       |    |
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| 06/10/2026 | 15:30 | <b>p. 364</b> | OrthoWest Spine — Dr. T. Okafor | Orthopedic follow-up | Status quo; repeat MRI deferred; MMI reached 06/10/2026; permanent partial impairment 8% of left lower extremity; no surgery planned. | OK |
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## Jul 2026

|            |       |               |                          |                |                                                                                       |    |
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| 07/08/2026 | 10:00 | <b>p. 370</b> | Lakeside Family Medicine | PCP final note | Maintenance duloxetine; weight-bearing exercise cleared; future care plan documented. | OK |
|------------|-------|---------------|--------------------------|----------------|---------------------------------------------------------------------------------------|----|

Flags indicate gaps or low-confidence items surfaced for review. All source references resolve to the source packet.