

MEDICATION REGIMEN REVIEW WORKSHEET

Medication Regimen Review Worksheet: March 2026

Cedar Hollow Care Center (fictional) · Review month 03/2026 · 2 residents shown

FACILITY	Cedar Hollow Care Center, 120-bed skilled nursing facility (fictional)
REVIEW MONTH	03/01/2026 to 03/31/2026
RESIDENTS IN THIS SAMPLE	Resident A, room 112. Resident B, room 118. Initials and identifiers removed.
SOURCES	MAR 03/2026 (per resident), physician orders, nursing progress notes, lab reports, pharmacy delivery records. Citations read "MAR 03/2026 p. N" or "Chart p. N".
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PREPARED BY	Medrecords AI draft, 10/08/2026, for pharmacist review

AI does the reading. You review, you revise, you sign.

Medrecords AI demo case. Every name, provider, date and page in this document is fictional.

Overview

This worksheet lays out each resident's regimen as the orders and the MAR show it, lists every dose change inside the month, flags duplicate therapies and monitoring labs that are ordered but not in the chart, and counts PRN doses from the MAR. It contains no recommendation. The flags are signals for the pharmacist to check against the chart; the pharmacist writes the review.

Resident A, room 112: regimen

MEDICATION	DOSE, ROUTE, FREQUENCY	INDICATION AS DOCUMENTED	START OR LAST CHANGE	CITE
Metoprolol tartrate	25 mg PO twice daily	Atrial fibrillation, rate control	11/2025	Chart p. 14; MAR 03/2026 p. 1
Apixaban	5 mg PO twice daily	Atrial fibrillation	11/2025	Chart p. 14; MAR 03/2026 p. 1
Furosemide	40 mg PO daily, increased from 20 mg on 03/09/2026	Heart failure, edema	03/09/2026	Chart p. 41; MAR 03/2026 p. 2
Potassium chloride	20 mEq PO daily	Supplementation with furosemide	11/2025	Chart p. 14; MAR 03/2026 p. 2
Sertraline	50 mg PO daily	Depression	01/2026	Chart p. 27; MAR 03/2026 p. 2
Trazodone	50 mg PO at bedtime	Insomnia	01/2026	Chart p. 27; MAR 03/2026 p. 3
Omeprazole	20 mg PO daily	Indication field blank on order	11/2025	Chart p. 14; MAR 03/2026 p. 3

Medication	Dose, Route, Frequency	Indication as Documented	Start or Last Change	Cite
Famotidine	20 mg PO at bedtime	"GERD"	02/2026, hospital discharge order	Chart p. 33; MAR 03/2026 p. 3
Acetaminophen	650 mg PO every 6 hours PRN pain	Pain	11/2025	MAR 03/2026 p. 4
Lorazepam	0.5 mg PO every 8 hours PRN anxiety	Anxiety	02/2026, hospital discharge order	Chart p. 33; MAR 03/2026 p. 4

Resident A: dose changes in the month

Date	Medication	From	To	Order Source	MAR Reflects Change From	Cite
03/09/2026	Furosemide	20 mg daily	40 mg daily	Telephone order, attending, noted by RN	03/10/2026 (first 40 mg dose)	Chart p. 41; MAR 03/2026 p. 2
03/09/2026	Potassium chloride	20 mEq daily	No change ordered	Same telephone order; potassium not addressed	n/a	Chart p. 41

Resident A: duplicate therapies flagged

Medications	Class or Overlap	Where Each Appears	Flag	Cite
Omeprazole and famotidine	Acid suppression, 2 agents	Omeprazole on admission order 11/2025; famotidine added at hospital discharge 02/2026; both active on MAR	DUPLICATE CLASS	Chart p. 14, p. 33; MAR 03/2026 p. 3

Resident A: monitoring labs ordered against labs in chart

Medication	Monitoring in the Order or Care Plan	Last Result in Chart	Flag	Cite
Furosemide, potassium chloride	Care plan: "BMP weekly x 2 after any diuretic change"	BMP 02/24/2026 (potassium 4.1, creatinine 1.3). No BMP after the 03/09 increase.	NOT IN CHART	Chart p. 36, p. 52
Apixaban	Order: "CBC and renal function every 6 months"	CBC 11/2025, creatinine 02/24/2026	WITHIN INTERVAL	Chart p. 16, p. 52
Metoprolol	Care plan: "HR before each dose, hold if under 55"	Held 03/14/2026 for HR 52 per MAR; 03/22/2026 for HR 54	DOCUMENTED	MAR 03/2026 p. 1
Sertraline	Order: "sodium at 2 weeks after start"	No sodium result after 01/2026 start in chart	NOT IN CHART	Chart p. 27

Resident A: PRN usage from the MAR

PRN Medication	Doses Given in 03/2026	Days with a Dose	Reason Recorded	Effect Recorded	Cite
Acetaminophen 650 mg	19	14	"knee pain" 16, "headache" 3	Effective 17, "no relief" 2, blank 0	MAR 03/2026 p. 4, p. 7

PRN MEDICATION	DOSES GIVEN IN 03/2026	DAYS WITH A DOSE	REASON RECORDED	EFFECT RECORDED	CITE
Lorazepam 0.5 mg	11	9	"anxiety" 8, "restless" 2, blank 1	Effective 9, blank 2	MAR 03/2026 p. 4, p. 7

Lorazepam PRN: 11 doses on 9 days in the month. The behavior monitoring sheet for the same month is not in the chart pages provided (referenced on Chart p. 29). Shown as a count, not a finding.

Resident B, room 118: regimen

MEDICATION	DOSE, ROUTE, FREQUENCY	INDICATION AS DOCUMENTED	START OR LAST CHANGE	CITE
Metformin	500 mg PO twice daily with meals	Type 2 diabetes	09/2025	Chart p. 61; MAR 03/2026 p. 1
Insulin glargine	12 units subcut at bedtime, increased from 10 units on 03/17/2026	Type 2 diabetes	03/17/2026	Chart p. 88; MAR 03/2026 p. 1
Lisinopril	10 mg PO daily	Hypertension	09/2025	Chart p. 61; MAR 03/2026 p. 2
Amlodipine	5 mg PO daily	Hypertension	12/2025	Chart p. 70; MAR 03/2026 p. 2
Atorvastatin	20 mg PO at bedtime	Hyperlipidemia	09/2025	Chart p. 61; MAR 03/2026 p. 2
Donepezil	10 mg PO at bedtime	Dementia	09/2025	Chart p. 61; MAR 03/2026 p. 3
Quetiapine	25 mg PO at bedtime	Indication field: "behaviors"	01/2026	Chart p. 76; MAR 03/2026 p. 3
Docusate	100 mg PO twice daily	Constipation	09/2025	MAR 03/2026 p. 3
Senna	8.6 mg PO at bedtime	Constipation	09/2025	MAR 03/2026 p. 3
Polyethylene glycol	17 g PO daily PRN constipation	Constipation	12/2025	MAR 03/2026 p. 5
Oxycodone	5 mg PO every 6 hours PRN pain	Pain, "chronic back"	02/2026	Chart p. 82; MAR 03/2026 p. 5

Resident B: dose changes in the month

DATE	MEDICATION	FROM	TO	ORDER SOURCE	MAR REFLECTS CHANGE FROM	CITE
03/17/2026	Insulin glargine	10 units at bedtime	12 units at bedtime	Attending progress note and signed order	03/17/2026	Chart p. 88; MAR 03/2026 p. 1
03/24/2026	Quetiapine	25 mg at bedtime	Order written for 50 mg at bedtime	Telephone order noted by LPN	MAR still shows 25 mg through 03/31; 50 mg not transcribed	Chart p. 91; MAR 03/2026 p. 3

Resident B: duplicate therapies flagged

MEDICATIONS	CLASS OR OVERLAP	WHERE EACH APPEARS	FLAG	CITE
Docusate, senna, polyethylene glycol	3 bowel agents, 2 scheduled plus 1 PRN	All 3 active on MAR; bowel record shows daily BM 26 of 31 days	3 AGENTS ACTIVE	MAR 03/2026 p. 3, p. 5, p. 9

Resident B: monitoring labs ordered against labs in chart

MEDICATION	MONITORING IN THE ORDER OR CARE PLAN	LAST RESULT IN CHART	FLAG	CITE
Metformin, insulin glargine	Order: "fingerstick glucose before breakfast and dinner"; care plan: "A1c every 3 months"	Fingersticks documented twice daily on MAR; last A1c 11/14/2025 (7.9)	A1C PAST INTERVAL	MAR 03/2026 p. 8; Chart p. 64
Metformin	Order: "renal function every 6 months"	Creatinine 09/2025 (1.1); none since	NOT IN CHART	Chart p. 63
Quetiapine	Care plan: "behavior monitoring each shift; GDR review quarterly"	Behavior sheets present for 03/2026; GDR review note dated 01/2026	DOCUMENTED	Chart p. 78, p. 95
Atorvastatin	Order: "lipid panel annually"	Lipid panel 09/2025	WITHIN INTERVAL	Chart p. 63
Oxycodone	Order: "pain score before and 1 hour after each dose"	Pre-dose score recorded for all doses; post-dose score blank for 6 of 23 doses	PARTIAL	MAR 03/2026 p. 5, p. 10

Resident B: PRN usage from the MAR

PRN MEDICATION	DOSES GIVEN IN 03/2026	DAYS WITH A DOSE	REASON RECORDED	EFFECT RECORDED	CITE
Oxycodone 5 mg	23	18	"back pain" 23; pre-dose score 6 to 8 of 10	Post-dose score recorded 17, blank 6	MAR 03/2026 p. 5, p. 10
Polyethylene glycol 17 g	3	3	"no BM x 2 days" 3	Result recorded 3	MAR 03/2026 p. 5, p. 9

Pages reviewed and excluded

- Resident A: Chart p. 1 to p. 58, MAR 03/2026 p. 1 to p. 8. Resident B: Chart p. 59 to p. 102, MAR 03/2026 p. 1 to p. 10. Page numbering restarts per resident on the MAR.
- 4 duplicate MAR pages (reprinted after a printer jam, per the facility's cover note) removed before counting PRN doses. 1 page in Resident B's packet carries another resident's room number and name (Chart p. 97); quarantined and excluded from every table above.

This worksheet contains no recommendation. Flags mark where the chart and the orders do not line up, for the pharmacist to check. Medrecords AI organizes, cites and flags what is in the uploaded files. You review, you revise, you sign.